

## INSPIRATIONAL FIGURES – PRE & POST VISIT LESSON PLANS

### *Your workshop at Madame Tussauds . . .*

Students will be visiting Madame Tussauds to find out what it means to *Be Inspired* and to *Reach For The Stars*. They will be learning about Marie Tussaud herself, a pioneering woman of her time, exploring the qualities that make a person a good role model. Students will be asked to identify the challenges that she faced throughout her life and to use what they learn in the workshop to find their own inspiration and set their own goals.

The objectives of the workshop and these corresponding lessons include but are not limited to:

1. Defining and understanding the word 'inspiration' and exploring the qualities that role models or influential people possess
2. Understanding that role models are not 'perfect' people
3. Identifying role models and explaining reasons for choices
4. Understanding that everyone faces challenges in reaching their goals
5. Exploring how to overcome challenges or difficulties
6. Identifying significant moments in the biography of Marie Tussaud and/or another role model of choice
7. Setting aspirational goals that are inspiring in multiple contexts

Subject links: Personal, Social, Health Education (PSHE) (UK), Citizenship, Critical Literacy, National Health Education Standards (NHES) (US), Morality and Society curriculum (China), History and Literacy.

## PRE- AND POST-VISIT LESSONS

### OBJECTIVES & OUTCOMES

This pack provides material for at least two, hour-long lessons; the first should be delivered *before* visiting Madame Tussauds, and the second should be delivered *after* visiting, to consolidate learning.

#### *Pre-visit Lesson: Be Inspired!*

##### *Objectives:*

- To understand what we mean by the terms: 'inspiration' and 'role model'
- To identify personal role models and their qualities
- To create a poem or collage that represents a particular quality of an inspirational person

*Outcomes: A drawing or photograph of a role model annotated with their qualities; a poem or collage representing the meaning of one of these qualities.*

#### *Post-visit Lesson: Goal Setting Stars*

##### *Objectives:*

- To identify how role models have set goals in their lives
- To understand the importance of setting short-term and long-term goals
- To set personal short-term and long-term goals

*Outcomes: A table of pros and cons for short-term and long-term goals; completed 'Goal Setting Stars' sheet with personal short-term and long-term goals.*

## PRE-VISIT LESSON

### BE INSPIRED!

Lead-in questions:

- What does it mean to 'be inspired'?
- What is a 'role model'?
- How might someone or something be considered 'an inspiration' or a 'role model'?

Task 1:

Think of someone close to you that you find inspiring. It might be someone in your family, a friend, a member of the community, or a local role model. Consider the following questions:

- Why is the person you have chosen an inspiration?
- What does your chosen person do to be an inspiration for you?
- What sort of qualities does your chosen person have?

Task 2:

Look at the word bank of qualities below. In pairs, rank the top five qualities that you look for in a person. Give reasons for your choices – and remember: there are no right or wrong answers!

OPEN

KIND

CREATIVE

Generous

BOLD

dedicated

funny

different

Accepting

RESPONSIBLE

CALM

unique

STRONG

consistent

CALM

friendly

original

reliable

Determined

REACHABLE

Task 3:

Now, look at the qualities again. Which of these qualities does your chosen role model possess? Draw a picture or place a photograph of your role model in the centre of a piece of paper and annotate it with the words that you choose. Be prepared to present your ideas.

Extension:

Can you think of any qualities that are not listed in the word bank?

Task 4:

Individually, choose one quality from the word bank. Use that word as inspiration for a poem or an A3 collage, depicting what that word represents for you.

Then, collect all of your poems and collages and create a classroom display to remind you of what it means to be inspired.

Don't forget to bring all of your ideas to your workshop at Madame Tussauds – where you're about to find even MORE inspiration...!

## POST-VISIT LESSON

### GOAL SETTING STARS

Recap questions:

- Think back to your visit to Madame Tussauds. What did you learn?
- How did your trip to Madame Tussauds inspire you?
- Why is it important to set goals for yourself?

Task 1:

Who did you learn about during your workshop at Madame Tussauds? How did Marie Tussaud go about achieving her goals? What challenges did she overcome? How did she overcome them?

Task 2:

Why is it important to set both short-term and long-term goals? Consider some examples of both with a partner and share them with your classmates. Complete the table below outlining the pros and cons (or challenges) of both types of goals:

	PROS	CONS
SHORT-TERM GOALS		
LONG-TERM GOALS		

Task 3:

Thinking about the people who inspire you and the things that you have learned throughout your experience at Madame Tussauds, set your own short-term and long-term goals. Use the Goal Setting Stars to write down your ideas.

When you have filled in all of your stars, cut them out and hang them from the classroom or even your bedroom ceiling to create a star-mobile – let it remind you of the goals you have set yourself in order to follow in the footsteps of the world’s stars and role models!

My goal today is:

My goal this week is:

My goal this term is:

My goal this year is:

My goal at school is:

My goal in life is: